



TPCODL Flags Off Solar Rath in ANUGOLA to Promote PM Surya Ghar: Muft Bijli Yojana

2



PARALA PLOUGHS FIELD WITH FARMERS

3



Hockey World Cup: High-Stakes India-Pak Rivalry Takes Centre Stage In Crucial Pool D Game

7



7 dinner foods can cause a sudden spike in blood sugar levels

6

SC Defers Odisha DGP Appointment PIL Hearing To Sept 2

New Delhi/ Bhubaneswar: The Supreme Court on Tuesday deferred to September 2 the hearing on a public interest litigation (PIL) alleging that the Odisha government was attempting to include a junior officer in the panel of probable candidates for appointment as the state's Director General of Police (DGP), allegedly in violation of the apex court's directions in the 2006 Prakash Singh case. A bench headed by Chief Justice Surya Kant and comprising Justices Joymalya Bagchi and V Mohana was informed by Solicitor General Tushar Mehta, appearing for the Odisha government, that the state had filed its response to the PIL. The bench, however, noted that the government's reply was not on record. The

Chief Justice said he wanted to examine the response before proceeding with the matter and accordingly adjourned the hearing to September 2. The court had earlier directed the Union Public Service Commission (UPSC) not to finalise the names of probable candidates for appointment as Odisha DGP until August 18. The PIL has alleged that the state government was seeking to include an officer who did not meet the eligibility criteria in the panel to be forwarded to the UPSC. During the earlier hearing, senior advocate P Chidambaram, appearing for the petitioner, claimed that the Odisha government was attempting to promote an Additional Director General of Police

(ADGP) and subsequently include the officer in the fresh panel of candidates for the DGP post. According to the petitioner, the UPSC was scheduled to consider on August 7 a panel comprising three eligible DGP-rank officers for the Odisha appointment, but the state subsequently withdrew the list. Chidambaram had also submitted that Odisha had initially forwarded a panel in April and later withdrew it. A second panel sent in May, he said, comprised three DGP-rank officers and eight ADGP-rank officers. The petitioner has approached the Supreme Court contending that serving police officers awaiting appointment as DGP would ordinarily be reluctant to challenge the state government, necessitating the PIL.

Odisha CM Announces Rs 1,000 Cr Spl Relief Package For Flood-Hit Areas

Bhubaneswar: Odisha Chief Minister Mohan Charan Majhi on Tuesday announced a special Rs 1,000 crore relief package for flood-affected areas of the state, with nearly 9.40 lakh people impacted by the latest spell of flooding. Majhi announced the package after reviewing the flood situation in Baleshwar, Bhadrak, Jajpur, Mayurbhanj, Kendujhar and Kendrapada districts. He said the amount was based on a preliminary assessment and additional funds would be released, if required, after detailed damage assessments are received from the affected districts. "This Rs 1,000 crore package has been announced based on the preliminary estimation. Additional funds will be provided if required after receiving the detailed damage assessment from the



flood-hit districts," the chief minister told reporters. The package focuses on agricultural recovery, restoration of irrigation infrastructure, assistance to people who have lost livelihoods and immediate relief for affected families. Under the special package, small and marginal farmers suffering crop loss of 33 per cent or more will receive agricultural input subsidy of Rs 8,500 per hectare for non-irrigated land, Rs

17,000 per hectare for irrigated land and Rs 22,500 per hectare for perennial crops. Financial assistance for purchasing paddy and non-paddy seeds will be transferred directly to eligible farmers through Direct Benefit Transfer (DBT). Affected farmers will also receive free vegetable mini-kits, while a 75 per cent subsidy will be provided for post-flood disease and pest

management. The government has also ordered restoration and repair of damaged irrigation projects on a war footing. Livestock owners, fishermen and farmers will be provided assistance for livestock losses and for repairing damaged boats, fishing nets and ponds. For farmers willing to avail the provision, short-term Kharif agricultural loans will be converted into medium-term loans to provide additional financial relief following

the crop losses. The package also covers the handicraft and handloom sectors. Artisans and workers whose tools and equipment have been damaged will receive Rs 5,000, while another Rs 5,000 will be provided for loss of raw materials or finished goods. The government will undertake temporary repairs of damaged roads and other infrastructure immediately. Funds for permanent reconstruction will be provided after a detailed assessment of the damage, the chief minister said. Relief operations will continue in the affected areas, with cooked food, dry food and relief rice to be distributed until the situation returns to normal. Flood-hit families will also receive financial assistance to purchase essential clothing and utensils.

Govt Approves Incentive Scheme To Accelerate Domestic PNG Connections

New Delhi: The government on Tuesday approved an incentive scheme to accelerate the expansion of domestic piped natural gas (PNG) connections, with the aim of making clean, safe and affordable cooking fuel accessible to more households across the country. The Incentive Scheme for Promotion of Domestic PNG Connections will come into effect from September 1, 2026. It is designed to encourage City Gas Distribution (CGD) companies to convert unbilled PNG connections into active, billed connections and expand their household PNG networks into new areas. India currently has around



1.74 crore domestic PNG connections. Under the new scheme, CGD entities will receive incentives for every incremental billed domestic PNG connection achieved above the threshold level fixed for their respective geographical areas. Eligible CGD entities will be allocated

an additional 200 SCM of domestically produced, lower-priced APM gas for every incremental billed domestic PNG connection achieved during the performance period. The scheme will be implemented in two tranches over a period of six months. The additional

allocation of APM gas is expected to help CGD companies substitute costlier liquefied natural gas (LNG) currently procured for their Compressed Natural Gas (Transport) segment. This will lower their overall gas sourcing costs and provide a stronger financial incentive to expand domestic PNG connections. According to the government, the resulting savings could reduce the payback period on capital expenditure incurred for domestic PNG connections from around 10 years to approximately three years. This is expected to encourage CGD companies to accelerate network expansion and connect more households

to piped cooking gas. For consumers, PNG offers several advantages over conventional cooking fuels. Unlike LPG cylinders, PNG is supplied directly to homes through underground pipelines, eliminating the need to book, store and replace cylinders. Consumers are billed according to their actual metered consumption, similar to electricity and water services. PNG is also considered safer as it is supplied at low pressure and is lighter than air, allowing it to disperse quickly in the event of a leakage. As a cleaner-burning fuel, it produces fewer pollutants than many conventional cooking fuels and can contribute to improved indoor air quality and lower carbon emissions.

Mild Tremors Felt In Laxmipur, Narayanpatna Areas Of Koraput

Koraput: Panic gripped residents of Laxmipur in Koraput district after mild tremors accompanied by a loud sound were felt in the area on Tuesday evening, prompting several people to step out of their homes and shops as a precautionary measure. According to local reports, the tremors were felt at around 8:39 pm. The sudden jolt startled residents, with several rushing outside their houses. Shopkeepers at the Laxmipur bus stand also reportedly came out of their establishments after experiencing the tremors.

Court Acquits Maoist Azad In Swami Laxmanananda Murder Case

Bhubaneswar: A special court in Paralakhemundi on Tuesday acquitted alleged Maoist D Keshab Rao alias Azad in the 2008 murder of VHP functionary Swami Laxmanananda Saraswati and four others at Jalespata Ashram in Kandhamal, observing that the prosecution had failed to establish his involvement in the killings beyond reasonable doubt. Rao, who had been in custody since 2011, was released from Jharpada jail in Bhubaneswar on Tuesday evening. Additional Sessions Judge (Special Court), Paralakhemundi, Satyanarayan Patra acquitted Rao of charges relating to murder, rioting, criminal conspiracy and house trespass under the IPC, as well as charges under the Arms Act. The court held that although the prosecution had established that an armed group carried out the attack on August 23, 2008, it had failed to conclusively establish that Rao was part of the group that carried out the killings. "The prosecution has consequently failed to establish beyond reasonable doubt that D Keshab Rao participated in the murder of any of the five deceased persons," the court observed. The court also said doubts over Rao's involvement arose from the prosecution's own evidence and cautioned that suspicion could not be converted into proof merely because the offence was heinous. According to the prosecution, around 20 to 25 armed assailants stormed Jalespata Ashram in Kandhamal on the evening of August 23, 2008, and opened indiscriminate fire.

India Has Stake In Tibet's Future: ICT

Washington: India should recognise itself as a stakeholder in Tibet's future because the Himalayan frontier is directly tied to its national security, a senior International Campaign for Tibet (ICT) official has said, warning that Beijing is placing trusted non-Tibetan officials in border areas. "We believe that India is a stakeholder in the future

of Tibet," Bhuchung Tsering, Head of Research and Monitoring at the International Campaign for Tibet, told IANS in an interview. He said the Himalayan border made Tibet a matter of national security for India. Tsering said New Delhi should support a future that protects Tibetan freedom and dignity while

safeguarding Indian security. "I think India only has to think about its own interests and its own security," he said. His comments came as the Washington-based advocacy group released its 2026 annual report on Tibetan leadership ahead of the Chinese Communist Party's 21st Party Congress in 2027. The report argues that

Beijing is cultivating a more repressive leadership in Tibet. It says political reliability, ideological conformity and forced assimilation are being placed above meaningful Tibetan representation. Tibetans occupy only 62, or 25.8 per cent, of 240 senior posts examined across party, government, security and judicial institutions at provincial, prefectural and county

levels, according to the report. Non-Tibetans hold 178 posts, or 74.2 per cent. No Tibetan serves as party secretary in any of the five provincial-level administrations covering Tibetan areas. Only four of 19 prefectural-level and county-level administrations have Tibetan party secretaries. No Tibetan holds a military commander or political

commissar post, it said. "For effective decision-making process and for real power in determining the will of the Tibetan people, these people don't have any power," Tsering said. He linked the pattern to what he described as a trust deficit. "China clearly doesn't trust Tibetans enough to be giving them effective positions," he said.

Tsering said the pattern was particularly significant for India. "When it comes to governance at the border level, they have people they can completely control," he said of Chinese appointments in southern Tibetan areas adjoining India. The report also warned that China's 'Promoting Ethnic Unity and Progress Law', which

took effect on July 1, and directives centred on 'Xi Jinping Thought on Party Building' would shape the next generation of leadership. It said the measures could further narrow space for Tibetan language, culture and identity. Tsering urged governments to deepen engagement with the Central Tibetan Administration.

TPCODL Flags Off Solar Rath in ANUGOLA to Promote PM Surya Ghar: Muft Bijli Yojana

BHUBANESWAR, (correspondent): TP Central Odisha Distribution Limited (TPCODL), a joint venture of Tata Power and the Government of Odisha, today flagged off the Solar Rath from the Office of the District Collector, ANUGOLA, to create awareness about the PM Surya Ghar: Muft Bijli Yojana and promote rooftop solar adoption across the district. The Solar Rath campaign, flagged off by Sri Abdaal M. Akhtar, IAS, Collector, ANUGOLA, in the presence of senior TPCODL officials. The vehicle will travel across Model Solar Villages and other villages in



ANUGOLA district, educating consumers on the benefits of solar energy, household rooftop solar systems, government subsidies and the installation process. The Solar Sanga team will also engage with consumers and address their queries. Speaking on the occasion, Sri Abdaal M. Akhtar, IAS,

Collector, ANUGOLA, said, "The Solar Rath campaign will take awareness about rooftop solar directly to the people and help more households benefit from the PM Surya Ghar: Muft Bijli Yojana. Such initiatives will contribute to promoting renewable energy and sustainable development." Sri

Gajanan S. Kale, CEO, TPCODL, said, "Through the Solar Rath campaign, we are taking the benefits of the PM Surya Ghar: Muft Bijli Yojana closer to consumers. By creating awareness and engaging with people at the grassroots level, we aim to accelerate rooftop solar adoption and contribute to Odisha's clean energy future." TPCODL continues to promote rooftop solar adoption through initiatives such as 'Mo Chhata, Mo Sanchaya', Gram Sabhas and the Solar Rath campaign, making clean and affordable solar energy more accessible to consumers.

NTPC Talcher Thermal Launches Advanced Tailoring Training for SHG Women

Talcher, (correspondent):: NTPC Talcher Thermal, in collaboration with Usha International Limited has launched a 25-day Advanced Sewing and Stitching Training Programme for 35 women) of Brajnathpur Gram Panchayat under the Skill Development initiative TTPS. The programme was formally inaugurated by Smt. Vibha Agrawal, President, Sagarika Ladies Club, NTPC Talcher Thermal, in the presence of Shri Naresh Kumar Behera, Sarpanch, Brajnathpur Gram Panchayat, and senior officials of NTPC Talcher



Thermal. The programme aims to strengthen the tailoring, sewing and entrepreneurial skills of women and support them in developing sustainable livelihood opportunities. The training programme is being conducted by specialist trainers from Usha International Limited, Bhubaneswar. During the training, the

trainers will focus on stitching different types of ladies' garments and school uniforms, and also imparting modern sewing and stitching techniques to the participating women. The training will enhance their skills and enable them to undertake garment production and sustainable income-generating

opportunities. Addressing the trainees, Smt. Vibha Agrawal encouraged them to make the best use of the training, enhance their skills and work towards building sustainable livelihoods through tailoring and entrepreneurship. Shri Naresh Kumar Behera, Sarpanch, Brajnathpur Gram Panchayat, welcomed the guests and expressed his gratitude to NTPC Talcher Thermal for supporting the initiative and creating valuable skill-development and livelihood opportunities for women of Brajnathpur Gram Panchayat.

ECI Highlights Spike In Voter Turnout Post-SIR After Trump's Remark

New Delhi: Assembly elections held after the Special Intensive Revision (SIR) of electoral rolls carried out by the Election Commission of India (ECI) have witnessed a significant spike in the percentage turnout of voters in the respective states and have surpassed global records, including those for nations following mandatory voting, according to figures released by the poll body Tuesday. West Bengal, where turnout touched a record 93.70 per cent in the Assembly election held this year, is not only the highest ever achieved by any state in India, but also surpassed more than two dozen

countries, according to the poll body. The countries included the United States, United Kingdom, France, Spain, and Japan, among others. Among the 25 nations mentioned, at least six are said to follow mandatory voting. In numbers, while 76,35,066 voters had exercised their franchise in the first election held in Independent India in 1951, the number shot up to 6,40,53,576 in the 2026 West Bengal Assembly election. While this can be attributed to population growth, what mattered was participation by percentage, where women outnumbered men in several places

and other states as well. Puducherry, at 91.19 per cent, followed close behind in the state poll held at the same time as West Bengal, rising significantly from close to 80 per cent registered in 1964. The Union Territory bettered, in what appeared from the graph shared by the ECI, about 23 major democracies, among which four have mandatory voting. Assam and Tamil Nadu, at 86.33 per cent and 86.03 per cent, respectively, followed these states, marking a significant rise in voter turnout in this year's election compared to earlier ones.

BJD Launches Battle Cry for 'Save Education' Movement in Balangir

Bhubaneswar, (correspondent): There are serious errors in the textbooks for Classes I to VIII published under the National Education Policy (NEP-2020). Instead of correcting these errors, the BJP Government has planned to undermine the education system. In protest against this, the BJD is carrying out a state-wide 'Save Education' movement. As part of this movement, a massive protest was organised in front of the District Collector's Office in Balangir in the presence of Balangir MLA Shri Kalikesh Narayan Singh Deo. Thousands of youth and students arrived in a massive procession and staged a protest. Biju Yuva Janata



Dal President Chinmay Sahu and Biju Chhatra Janata Dal President Ipsita Sahu were present at the programme. There has been a corruption of Rs. 380 crore in the printing of textbooks. The BJD has been demanding a CBI investigation into the matter and the resignation of the School & Mass Education

Minister. However, no action has been taken by the State Government so far. The examinations of the students are scheduled in another 2VS3 months. If students appear for examinations after studying faulty textbooks, their future will be jeopardised. Instead of taking this matter seriously, the

BJP Government is playing with the future of the students. The BJDs movement will continue for resolving the deficiencies in the education system and safeguarding the future of students. During the tenure of former Chief Minister Shri Naveen Patnaik, Odisha was appreciated at the

national level for its achievements in the education sector through 5T, whereas today Odisha has been criticised at the national level because of faulty textbooks. The mistakes in the textbooks are not merely a result of administrative negligence; rather, they are an attack on the Odia language, literature, culture, heritage and the future of lakhs of students of the State. The leaders present at the programme addressed the gathering and spoke against the Double Engine Government. A memorandum was submitted to the State Government through the District Collector.

EAM Jaishankar Arrives In Singapore Ahead Of 4th Ministerial Roundtable

Singapore: External Affairs Minister (EAM) S Jaishankar arrived in Singapore on Tuesday ahead of the 4th India-Singapore Ministerial Roundtable (ISMR). "Great to welcome Hon'ble EAM S Jaishankar to Singapore for the 4th India-Singapore Ministerial Roundtable ISMR! – HC Wong," Singapore's High Commissioner to India, Simon Wong, stated on X. According to the Ministry of External Affairs (MEA), the fourth round of ISMR will be held in Singapore on August 20. It noted that, along with EAM Jaishankar, Finance Minister Nirmala Sitharaman, Commerce Minister Piyush Goyal, and

Jitin Prasada, Minister of State in the Ministry of Commerce and Industry and in the Ministry of Electronics and Information Technology, are going to participate in the roundtable from the Indian side. During their visit, the ministers will interact with their counterparts and will also call on the Singaporean leadership. According to the MEA, the mechanism of ISMR is an important platform to drive cooperation, including in new and emerging areas. Its inaugural meeting was held in New Delhi in September 2022, followed by the second meeting in Singapore (August 2024) and the third in New Delhi in August 2025.

India Condoles Loss Of Lives In Indonesia Earthquake, Offers All Possible Assistance

New Delhi: The Ministry of External Affairs (MEA) on Tuesday condoled the loss of lives in the deadly earthquake in Indonesia and noted that India remains committed to extend all possible assistance. "Indonesia has been hit by a major earthquake in which a

large number of people have been killed and many others injured. Many more people have been rendered homeless. We are deeply saddened by this tragedy and convey our condolences for the precious lives lost. We also pray for the speedy recovery of those who have been injured and

for the safety of those involved in rescue and relief efforts," MEA spokesperson Randhir Jaiswal stated during a bi-weekly media briefing in New Delhi. "In this difficult hour, India stands in solidarity with Indonesia, and we remain committed to extending all possible

assistance in support of relief and rescue efforts in the country," he added. According to the Indonesian authorities, the death toll from a 7.7-magnitude earthquake that struck Indonesia's East Nusa Tenggara province on Saturday has risen to 70, with 132 others injured.

Indian States Record Higher Voter Turnout Than Major World Democracies

New Delhi: Recent state assembly elections in India have recorded voter turnout figures that exceed those of most leading democracies worldwide, according to a comparative chart released by the Election Commission of India (ECI). The data shows several Indian states ranking among the highest globally, reflecting strong public participation in the electoral process. West Bengal registered the highest turnout at 93.70 per cent, followed by Puducherry at 91.19 per cent, Assam at 88.33 per cent, Tamil Nadu at 86.03 per cent, Kerala at 79.53 per cent and Bihar at 67.25 per cent. These figures show an upward trend, placing Indian states well above

most international counterparts. The countries compared in the chart, along with their approximate turnout percentages based on bar heights, include Switzerland (45 per cent), Japan (54 per cent), Ireland (57 per cent), United Kingdom (60 per cent), Mexico (62 per cent), Italy (64 per cent), United States of America (66 per cent), India national average (67 per cent), Spain (68 per cent), France (70 per cent), Argentina (70 per cent), Canada (68 per cent), Poland (71 per cent), Taiwan (74 per cent), Austria (75 per cent), Netherlands (77 per cent), Brazil (79 per cent), South Korea (80 per cent),

Indonesia (81 per cent), Germany (82 per cent), Sweden (84 per cent), Belgium (88 per cent), Australia (90 per cent) and Singapore (93 per cent). Six of these countries enforce mandatory voting: Mexico (62 per cent), Argentina (70 per cent), Brazil (79 per cent), Belgium (88 per cent), Australia (90 per cent) and Singapore (93 per cent). Despite the legal requirement for citizens to cast their ballots, turnout still falls short of the highest-performing Indian states. West Bengal (93.70 per cent) and Puducherry (91.19 per cent) surpassed even Australia and Singapore, while Assam (88.33 per cent) and Tamil Nadu (86.03 per cent)

remained competitive with or ahead of Belgium. Bihar (67.25 per cent), the lowest among the six Indian states, still recorded higher participation than Switzerland, Japan, Ireland, the United Kingdom, the United States and several other nations without compulsory voting. The comparison underscores a significant achievement for India's state-level elections. While the national average sits near the middle of the global range, individual states show exceptionally high engagement. Many established democracies, even those with mandatory voting laws, have struggled to match the enthusiasm seen in West Bengal,

Puducherry, Assam and Tamil Nadu. High voter turnout is widely regarded as a key measure of democratic vitality. It reflects both the ease of access to polling stations and the trust citizens place in the electoral system. The fact that multiple Indian states have outperformed countries with longer democratic histories and compulsory voting provisions highlights the effectiveness of India's continuous efforts to expand the electorate, strengthen polling infrastructure and maintain accurate electoral rolls. The Election Commission's chart clearly shows that voter participation in recent Indian assembly elections stands out on the world stage.

32001/712/2627

OFFICE OF THE EXECUTIVE ENGINEER
MINOR IRRIGATION DIVISION, KATAKA
Letter No. 4321 / Dt. 17.08.2026
GOVERNMENT OF ODISHA e-Procurement Notice
Bid Identification No. on line SEC MID-12/2026-27
eemidcuttack@yahoo.co.in

1.	Name of work	: Improvement of Check Dams under Improvement to Check Dam Scheme and Renovation of MIPs under Critical scheme in MI Sub-Division Banki, Badamba, Narasinghpur, Athagada and Kataka.
2.	Total Number of work:	: 24 (Twenty Four) nos.
3.	Estimated cost	: Varies from Rs. 9.52 to Rs. 39.37 lakh.
4.	Tender paper Cost(Online)	: Varies from Rs. 4,000/- to Rs. 6,000/-
5.	Bid Security (Online)	: As per DTCN
6.	Period of Completion	: As per DTCN
7.	Availability of Bid Document:	: From 28.08.2026, 10.00 AM to 08.09.2026, 5.00 PM in website (www.tenders.orissa.gov.in) : 08.09.2026 at 5.00 PM through online Bid.
8.	Last date & time of receipt	
9.	Date of opening of Technical Bid documents	: - 09.09.2026 at 11.00 A.M in the office of the SE, M.I. Division, Kataka..
10.	Date of Lottery, if required	: 29.09.2026 at 12.00 Noon in the office of the SE, M.I. Division, Kataka.
11.	Name and address of the OIT	: - Superintending Engineer, M.I. Division, Kataka.. P.O:- Nayabazar, Kataka. Phone :- 0671-2443622 PINCODE :- 753004

Further details can be seen from the Govt. website www.tendersodisha.gov.in.
Notes:- Corrigendum / Addendum / Modification / Additions if any, can be seen through On-line only.

Superintending Engineer
M.I. Division, Kataka

OIPR :- 32001/32121/1/26-27/0010

Two hotels sealed after raid uncovers adulterated food in Odisha’s Kataka

Kataka (correspon dent): Two hotels in the CDA Sector 6 area of Kataka were sealed after the health and sanitation wing of Kataka Municipal Corporation (KMC) found serious food safety and hygiene violations during a raid on Tuesday. The action followed complaints that stale food was allegedly being stored in refrigerators and served to customers. During the inspection, officials found expired curd and suspected adulteration in paneer. A large quantity of food was also seized for violating prescribed food quality and hygiene standards. The condition of the kitchens reportedly raised further concerns, with veg and non-veg food items being

stored together and food preparation areas found poorly maintained. Officials conducted an iodine test on the paneer during the inspection, following which it showed signs of suspected adulteration. They also found stale food being stored and reheated for serving. One of the food items inspected was reportedly covered with fungal growth. KMC officials said maintaining proper sanitation and food quality is mandatory for hotels and eateries. They warned that establishments violating safety standards would face action, including fines and closure. The raids were conducted after complaints regarding the quality of food being served

at the establishments. Officials said the civic body will continue inspections at hotels and restaurants across Cuttack and plans to check the condition of their kitchens and food storage practices. A raided hotel owner, meanwhile, claimed that the paneer was purchased from an outside supplier and said staff had failed to check the expiry date of the curd when it was delivered. KMC officials said strict action would continue against establishments found compromising food safety and hygiene standards. “The sanitation of both hotels is not good. They are not maintaining the food quality as required. Non-veg and

veg items are stored together in one place. Even the paneer we just tested—we don’t know where they got it from, but the iodine test showed that the paneer is adulterated. So, they are being sensitised, made to understand, fined, and ultimately, if they do not comply, the shops are being closed,” “The kitchen is in a very bad condition, which is why we are getting it closed. The place where food is prepared for people is extremely dirty. Veg and non-veg items are not kept properly. Expired curd was found, and the paneer turned completely black after applying the iodine solution. Keeping all this in view, the hotels are being closed for now,” another senior KMC official expressed.

Induction Ceremony, Anti-Drug and Voter Awareness Programme Held at Bindhyabasini Degree College

Padampur (correspon dent): An induction ceremony for newly admitted students was organised at Bindhyabasini Degree College under the chairmanship of Principal Lohit Kumar Barik. Welcoming the new students, Principal Barik briefed them about the disciplined academic environment of the institution. Professor Pradipta Kumar Sahu explained the curriculum prescribed under the National Education Policy (NEP) 2020. Professor Prabhat Kumar Biswal

spoke about the college's academic environment, while Lecturer Pradeep Kumar Dewan highlighted the importance of discipline, values and hard work in student life. An anti-drug and voter awareness programme was also organised as part of the event. Paikmal Block Development Officer Prafulla Kumar Udu attended as the chief guest and encouraged students to exercise their right to vote and contribute to nation-building. Officials of the block administration and

Booth Level Officers (BLOs) were present and explained to the students how they could enrol themselves in the electoral roll and participate in the voting process. The speakers also urged students to stay away from intoxicants, describing drug addiction as a serious social menace. A pledge-taking ceremony was held to reinforce the message of a drug-free and responsible student community. Lecturer Pushpamanjari Pradhan proposed the vote of thanks

Nayagarh Collector Makes Surprise Visit to Nuagaon High School

Nayagarh, (correspon dent): Nayagarh District Collector Madhumita Rath made a surprise visit to Nuagaon High School on Monday and reviewed the overall functioning and activities of the institution. During the visit, the Collector interacted with students and teachers and took stock of the classroom facilities, computer facilities and teaching-learning activities. She also reviewed the academic environment and sought feedback from the students and teachers. The District Collector inspected the quality of the mid-day meal being served to the students and interacted with them to know their views regarding the food and related arrangements. Emphasising the importance of quality education, Collector Madhumita Rath stressed the need to ensure better facilities, cleanliness and a conducive learning environment for students. She also urged the school authorities to maintain proper standards in all aspects of school functioning for the overall development and well-being of the students.

Trolls on social media have hurt me - Subarnapur Collector

SUBARNAPUR (correspon dent) ---After being trolled, Subarnapur Collector Dr. Nruparaj Sahu has reacted. He has reacted after being trolled on social media regarding a photo with his daughter. This is not right at all, as a sensitive person, I am very upset,' the Collector said. On Independence Day, it was my birthday, I was late returning from the office. My daughter came to the office chamber and wished me. She put her hand on my shoulder and took a photo and posted it on her Facebook. A media friend gave a distorted opinion about this. This is not right at all, it should be tested and said,' the Collector said in his response. I am a sensitive person, I value family and human relations. Such incidents have hurt me and are not welcome, the Subarnapur Collector said.

Four years child reused from wild Heyna

Malkangiri (correspon dent): There is a proverb 'Rakhe Hari mare kie'. The truth of this saying can be seen in Malkangiri district. Where a girl's life was just a little bit away from death. A Heyna attacked a 4-year-old girl while she was playing on the street. But the timely efforts of the child's mother and the villagers saved the girl from death. The Heyna pounced on her when her father and mother were not at home: the 4-year-old girl Sarjani Madkami, a father of Muke Madkami and mother of Aite Madkami of Yandraguda village under Temurupalli panchayat under Mathili block, at around 11 am yesterday . The girl was playing on the street of her house when Sarjani's father was not at home for any work. The mother had gone to fetch water from a nearby tube well. At that time, a Heyna came from the nearby forest and tried to take Sarjani into the forest. Hearing the screams of the baby girl, the mother ran after the tiger and called the villagers. The villagers chased the tiger into the forest. Hearing the villagers' screams, the Heyna left the child in fear and ran into the forest. The baby girl was rescued and hospitalised

GUMMA BDO APPEARS IN COURT OVER ALLEGED THREATS TO OLD MAN

Paralakhemundi: (Correspondent):- Gumma Block Development Officer (BDO) Tularam Marandi appeared before the SDJM Court here on Monday in connection with a complaint alleging insulting remarks, abuse and threats against a 65-year-old man. According to the complaint, Ajay Badhanayak (65), a labourer from Christian Sahi of Gumma village, had visited the Gumma block office at around 11 am on August 18 last year to raise issues concerning his locality. He alleged that the BDO made insulting remarks referring to his age and caste, abused and threatened him, and asked him to leave the office. Ajay initially approached Seranga police station, but alleged that no case was registered. He subsequently filed a complaint petition before the court. The complaint invokes Sections 294, 506 and 323 of the Indian Penal Code (IPC). Following the summons issued by the court, the BDO appeared before the SDJM Court and reportedly sought time to present his defence. The matter is now before the court for further proceedings.

PARALA MLA PLOUGHS FIELD WITH FARMERS

Paralakhemundi, (correspondent):: Paralakhemundi MLA Rupesh Panigrahi joined farmers in ploughing a field with bullocks at Sarajal village under Gumma block after discussing various problems faced by the farming community.

During his visit to the village, Panigrahi interacted with villagers and farmers and discussed issues concerning agriculture



and their livelihoods. Later, he joined the farmers in the field, took up the traditional plough and tilled the

land alongside them. The MLA's gesture of personally participating in farm work was seen as an

effort to understand the lives and problems of farmers more closely. The initiative has generated fresh hope among the farming community, according to local residents.

Photographs and videos of Panigrahi ploughing the field have been widely shared on social media and attracted considerable attention in the Paralakhemundi Assembly constituency.

In Boudh, 23 poor families in Bharua Village get electricity after 80 Years

B O U D H : (Correspondent) :- After nearly eight decades of Independence, 23 poor families in Bharua village under Gundulia Gram Panchayat, Boudh district, have finally received electricity connections. The free connections were provided under the *Biju Gramin Jyoti Yojana* following the initiative of District Collector Bibhuti Bhusan Nayak. During a visit to the village, the Collector inspected the beneficiaries' homes to check if the power supply was working.



Villagers expressed gratitude for getting electricity after years of darkness. Residents also raised the issue of low voltage in the Gundulia area. Taking note, the Collector directed officials to expedite the

ongoing *33/11 KV transformer and grid project*. He asked Executive Engineer *Narendra Acharya* and department engineers to operationalize the primary sub-station,

transformer and four feeders at the earliest to resolve voltage issues. Villagers further informed him about the dilapidated condition of the Bharua village road, which turns muddy in rains, and the non-functional lift irrigation point due to lack of power. The Collector assured action on both issues. He also enquired about delivery of welfare schemes, pensions and ration supplies. The visit reflects the administration's "Administration at the Doorsteps of the People" approach.

Odisha To Begin Integrated B.Ed-M.Ed Admissions From Aug 20

Bhubaneswar: The Odisha Government will begin the admission process for the three-year Integrated B.Ed-M.Ed programme for the 2026-27 academic session from August 20, with applications to be submitted online through the Student Academic Management System (SAMS). The Higher Education Department, in an admission notification issued on Tuesday, said the online Common Application Form (CAF) will be available on the SAMS portal from 2 pm on August 20.

Drug addicted Jagatsinghpur youth held carrying a foreign-made gun

J a g a t s i n g h p u r , (Correspondent). A drug addicted youth was picked up by police on Tuesday, carrying a foreign-made gun, including a live cartridge, from Jainkanti village under Jagatsinghpur block. The alleged youth,

identified as Siva, hails from Jainkanti village. The report said that responding to a public call alleging that a youth had gone berserk in Jainkanti village, terrorizing villagers brandishing a gun, police swung into action, rushed to

the village and overpowered the addicted youth from the spot. The alleged gun-wielding youth was threatening cops trying to escape from the spot, but police perceptively overpowered him with a gun in his hand. Later, a family

source claimed that the drug-abused youth was planning to shift to an addiction center in Bhubaneswar on Tuesday. In this context, four volunteers from the addiction center reached the village on Tuesday morning.

Deputy Chief Minister laid the foundation stone for the integrated development of Harishankar Temple Complex

P a t n a g a r h (Correspondent) The foundation stone of the proposed project for the integrated development of Harishankar Temple Complex, a major holy area and tourist destination of Khaprakhol block in Balangir district, has been laid. Deputy Chief Minister Kanak Bardhan Singh Deo was the chief guest at the program organized on this occasion and laid the foundation stone after the warship. Patnagarh Sub-Collector Sunil Kumar

Meher presided over the meeting organized on this occasion while Construction S.E. Gunanidhi Nayak, Odisha Forest Development Corporation SDM Saumendra Das were present as the guests of honor. The project, which will be done at a cost of Rs. 13.51 crore by the Tourism Department and by the Forest Development Corporation, was presented with its cost and complete details. The chief guest said that



natural beauty is the identity of Harishankar, and that this project should focus on e n v i r o n m e n t a l development and protection of natural beauty. Dr. Abhay Tripathi moderated the forum, while P. S. member Debakant Panigrahi proposed the

vote of thanks. Similarly, on this occasion, Deputy Chief Minister Singhdeo laid the foundation stone of a new building construction project at Harishankar Subhadra Shakti Cafe premises at a cost of Rs. 20 lakh from the Western Odisha Development

Council Fund, while later he laid the foundation stone of a project at a cost of Rs. 20 lakh for the Kalyan Mandap road in Podiabahal and a project at a cost of Rs. 20 lakh for the construction of a Kalyan Mandap at luhasinha. On this occasion, Patnagarh Sub-Divisional Police Officer Sadanand Pujhari, Khaprakhol BDO Bibekanand Sarangi, Tehsildar Satya Sundar Rautray, Patnagarh NAC Executive Officer

Narayan Dandasena, Padiabahal Sarpanch Debraj Pradhan, Luhasinha Sarpanch Muna Purohit, Deputy Chief Minister's Block Representative Padma Kumar Singh Bariha, Lok Sabha MP's Block Representative Santosh Kumar Bhainsal, Assistant Executive Engineer Rajkishore Naik, Shashi Pujhari, mandal President Umakant Padhan, Bikas Behera, Satyanand Sendria, Lalit Patel, departmental officers, and BJP workers were present.

EDITORIAL

The First Language of Boundaries—No

In a world where people are often encouraged to please others, maintain relationships and avoid disagreement, saying “No” can feel surprisingly difficult. Many people hesitate before refusing a request because they fear disappointing someone, appearing rude, losing a friendship or being misunderstood.

Yet “No” is not a negative word. It is one of the clearest expressions of personal boundaries, consent, self-respect and individual choice.

A healthy society must learn an important lesson: when someone says No, No means No.

A boundary is a line that tells others where our comfort, privacy, time, values and personal choices begin and end. Saying No is often the first and simplest language through which we communicate that boundary.

Why Is Saying No So Difficult?

From childhood, many of us are taught to be obedient, helpful and accommodating. We are praised when we agree and sometimes criticized when we refuse. As a result, some people grow up believing that saying No is selfish or disrespectful.

A student may agree to something simply because friends insist. An employee may accept every additional responsibility because they are afraid of disappointing a senior. A family member may repeatedly sacrifice personal time because saying No feels uncomfortable.

The problem is not kindness. Kindness becomes unhealthy when it requires us to constantly ignore our own boundaries.

We can be caring without always saying Yes.

No Is Not an Insult

A refusal does not necessarily contain anger, rejection or hostility. Sometimes it simply means:

“I am not comfortable with this.”

“I cannot do this.”“I do not want to participate.”

“I need some personal space.”“I have other priorities.”These are legitimate statements.

We do not need to manufacture complicated explanations every time we decline something. A respectful No can be complete in itself.

Of course, politeness matters. But politeness should not mean surrendering our right to make personal choices. Consent Begins With Respecting No

One of the most important places where the meaning of No must be understood clearly is consent.

Consent must be voluntary and free from pressure. If a person says No, becomes uncomfortable, withdraws agreement or asks someone to stop, that choice deserves respect.

This principle applies to friendships, relationships, personal space, conversations, photographs, online interactions and many other situations.

Wales: An Epic of Humanity



MANOJA KUMAR SATAPATHI

"The true measure of any society can be found in how it treats its most vulnerable members."

This timeless quote reflects the humanist philosophy of world-renowned thinker and human rights leader Mahatma Gandhi (alongside the thoughts of great visionaries like Albert Einstein or Nelson Mandela).

"The true identity of a human being lies not in physical prosperity, but within the inner depths of inner humanity, simplicity, and selfless brotherhood."

Situated in the western region of Britain, Wales is a small territory characterized by natural beauty, valley-surrounded hills, and lush green landscapes. Spanning an area of approximately 20,779 square kilometers, its total population according to the 2021 Census is around 3,107,500 (31 lakh 7 thousand 5 hundred). Far removed from the mechanical noise of the modern era, this compact land with a small population serves as a living symbol of profound spiritual and social consciousness in terms of human values, moral ideals, and social cohesion.

On the occasion of World Human Rights Day, when we consider human civilization's progress, freedom, and equality, the rural areas of Wales present a deep philosophical viewpoint. Here, philosophical thinking is not limited to constitu-

tional pages or legal paperwork; instead, it is reflected in the daily behavior of every citizen.

The local philosophy teaches that every person's rights should not only be protected, but they should never be allowed to feel isolated or helpless. The true meaning of humanity is to feel others' pain as one's own and to step forward voluntarily without any self-interest during times of danger and adversity. This philosophy provides a new spiritual and social foundation to human rights.

Moral values and ideals in Welsh society are of the highest standard. Their culture is deeply rooted in the tradition of "Crdai?" (Crdais)—hospitality and the embracing of one another.

Protection of Self-Respect: When economic hardship arises in a family or someone falls seriously ill, the local people provide assistance with utmost confidentiality and respect. They always prioritize the individual's self-respect while extending help, representing a supreme policy ideal of human rights.

Deep Love for Language and Culture: Despite the influence of the modern free market and globalization, the people of Wales have kept their ancient Welsh Language and cultural traditions intact. This teaches us the moral lesson that while embracing modernity is essential, one should never forget their roots, soil, and culture.

The lifestyle observed in the villages of Wales is entirely natural, peaceful, and distinctive. Human values here are completely differ-

ent and more appealing than mechanical civilization.

Spontaneous Social Cooperation: If someone falls ill or lacks food at home, neighbors step forward independently without waiting for any government scheme. Tasks like delivering cooked food, cleaning messy houses, doing laundry, or taking care of small children are performed willingly.

The Collective Power of Society: Through local initiatives like 'Community Food Partnership' and various social organizations, everyone stands together through thick and thin. No one feels lonely here.

Historically, the economy of Wales relied on coal mining and the steel industry. However, with changing times, they prioritized nature conservation and moved toward renewable energy production, such as wind and hydro-electric power. Additionally, agriculture, animal husbandry, and tourism strengthen their economic backbone while keeping them close to nature. Ultimately, this unique and special social system of Wales delivers a powerful and touching message to today's restless, divided, and competitive world. True progress lies not in economic development or building large structures, but in expanding the scope of humanity by removing narrow-mindedness from the human heart. The true significance of World Human Rights Day is meaningfully embodied within every village and every heart in this small country.



Bikram Mohapatra

"Those who are unmoved by happiness and sorrow, those who remain uninfluenced by them are worthy of salvation. For a man when there is no question of Happiness or Sorrow, such a desireless person is imperturbable."— Bhagvad Gita

Desires! Our lives are plagued by them. In the past, our wants were few and our desires were also few. As man progressed in commerce and science, new inventions took place. These inventions were commercialized, advertised and sold and our desires also increased. Regular exposure to media, advertisement, drop in values of simple living and high thinking has increased our desires to Himalayan heights. Some of us work hard to realize our dreams and fulfil our desires. Others seek to achieve them through grace of God only. Yet others grab and seize the objects of desires

Desireless Living

from others and fulfill their own desires. Whether we work or pray or steal or grab, we seek for fulfilment of our ever increasing desires.

We must realise that it is impossible to be content and satisfied when we chase desires. When we achieve a desire, there is happiness only for a short period of time and then restlessness sets in. We begin chasing new desires. It is normal to want something bigger, better and newer each time. It is also human nature to want something that is opposite to what we sought the first time. After all we are well known for our contrary nature. This story of a man who did tapas and sought boons from Lord Shiva teaches us a great deal about desires and their fulfilment. Most importantly, it teaches us what to seek from God when we do tapas! We were often told this by our elders when we were growing up. But then, why do we let the sad news affect our mind when the happy news is somewhere in the back of our mind? Why do we

do not handle sorrows in the same way as we handle happiness? Everyone is pointing fingers at the materialistic word. But why can't we take what is good and necessary from both the past and the present to live the future or rather the better present. Often we see people around us who are always tensed and are trying to live life without any sorrows. But in reality, not happiness rather sorrows or problems makes the man strong. When ever we are sad we always to make ourselves happy by going for shopping or buying a new car, etc. But these are all temporary feelings. The feeling of desireless should come from within. Lets just try an exercise today - whenever we are not feeling happy lets not respond to the bad feelings. And whenever we are feeling happy lets not go with the flow of extreme happiness. So, lets live like nothing is affecting us, nor happiness nor sorrows to live a wonderful life. "Good people goes through trial, they do not suffer" - Lord Krishna.

Tulsidas, Who Became the Cause of Public Welfare Through His Writings

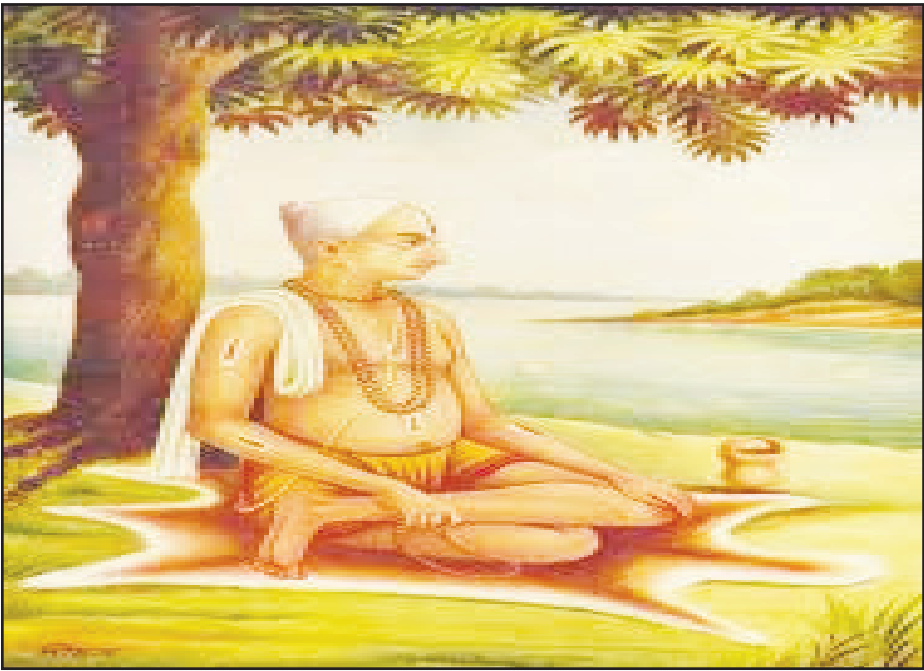


Yogesh Kumar Goyal

By connecting the entire human race with the ideals of Lord Rama through Ramcharitmanas and making Lord Rama the Rama of the masses, Goswami Tulsidas is known as the poet of the people. It is interesting to know why Tulsidas is called “Goswami” after all. In fact, Goswami means the master of the senses, that is, one who has brought his senses under control, in other words, one who has conquered his senses. Tulsidas ji became a renunciate, that is, a master of his senses or Goswami, after becoming detached from worldly attachments when his wife rebuked him. In this context, Tulsidas ji came to be honored with the title of Goswami. The birth anniversary of Goswami Tulsidas ji, the author of the great scripture Shri Ramcharitmanas and an ardent devotee of Lord Rama, the M a r y a d a Purushottam, is celebrated every year

on the Saptami of the Shukla Paksha of the month of Shravan according to the Vikram Samvat calendar, which is being celebrated this year on 19 August. Born in Vikram Samvat 1554 in a village named Rajapur in the Banda district of Uttar Pradesh, Tulsidas faced numerous difficulties in life but instead of accepting defeat, he confronted all those hardships with determination.

Tulsidas ji was married to Ratnavali, the highly learned daughter of Dinbandhu Pathak. Tulsidas was extremely enamored of Ratnavali and loved her deeply. One day, Ratnavali had gone to her parental home, but Tulsidas was tormented by her memory. It was nighttime and there was torrential rain, yet even in such weather Tulsidas crossed the swollen river and reached her parental home late at night to meet his wife. Ratnavali felt



extremely embarrassed by this act of her husband Tulsidas and, taunting him, said that if he had loved Lord Rama as much as he loved this body of hers made of flesh and bones, he would have crossed the ocean of worldly existence. Embarrassed, the taunt given by his wife transformed the course of Tulsidas's life. Thereafter, detachment arose in his mind and he immersed himself in devotion to Lord Rama.

During the same period, one day Swami Narharidas came to his village.

He initiated Tulsidas and showed him the path for the rest of his life. Thereafter, Tulsidas began to envision a happy society through the story of Rama and made it a means of showing the path toward an ideal life. It was only after receiving education and initiation from his guru Narharidas that he was inspired to w r i t e Ramcharitmanas. Even today, Ramcharitmanas, composed by Goswami Tulsidas ji, is regarded throughout the country as a great scripture and is held

in immense reverence and respect. Tulsidas ji composed a total of 12 works during his lifetime, including Kavitavali, Dohavali, Hanuman Bahuk, Parvati Mangal, Ramlala Nahchhu, Vinay Patrika, Kavitt Ramayan, Barvai Ramayan, and Vairagya Sandipani, but he attained his greatest fame through Ramcharitmanas. However, when he c o m p o s e d Ramcharitmanas, Sanskrit had a very strong influence in that era, and therefore, because it was written in a regional language, it

did not receive recognition initially. But because it was written in simple language, within a short time the scripture became extremely popular among the masses.

G o s w a m i Tulsidas is an immortal poet of Indian devotional literature whose words performed the unique task of taking the ideals, dignity and spirit of public welfare embodied by Lord Rama to the masses. Many scholars also regard Tulsidas as an incarnation of Maharishi Valmiki. Maharishi Valmiki had composed the Ramayana in Sanskrit and inscribed the life, character and ideals of Lord Rama on the immortal canvas of literature. Carrying forward this great tradition, Goswami Tulsidas composed Ramcharitmanas in the vernacular language Awadhi and brought the story of Rama out of the limited world of royal courts and scholars to villages and households. At that time, Sanskrit was

primarily the language of scholars and serious students of religious scriptures, whereas Awadhi was a simple and intimate language connected with the daily life of the vast population of North India. Tulsidas chose this vernacular language as his medium of expression and created such a poetic work in which profound spiritual contemplation as well as the simplicity, emotionality and human sensitivities of everyday life are naturally integrated. This is why Ramcharitmanas did not remain merely a religious scripture but became an integral part of the cultural consciousness and popular faith of Indian society. Tulsidas's language made him the poet of the people and a “Kaviraj.” His works reveal such an intimate devotion that he regarded his poetic creations themselves as being like his parents. This distinctive sentiment makes him unique and timeless in the Indian literary tradition.

T h r o u g h Ramcharitmanas,

Tulsidas wrote the story of human values and transformed this epic of Rama into the vital essence of Indian culture. According to Tulsidas, his Rama resides in everyone, and through morality, humanity, action and sacrifice, He strives to establish public welfare. Through Ramcharitmanas, he presented the entire Indian society with such a mirror in the form of Lord Rama, before which we can very easily assess our virtues and shortcomings and evaluate our dignity, c o m p a s s i o n, kindness, valor, courage and sacrifice, thereby becoming inclined toward becoming better human beings. Goswami Tulsidas, who became synonymous with devotion to Rama, regarded truth and benevolence as the greatest religion and sacrifice as the mantra of life, and through his works made every possible effort to awaken a society immersed in falsehood, hypocrisy, pretension and superstitions.

Port Club Ladies wing Wing distributes food and clothes

Paradip,(correspondent) on 16/08/2026, Port Club Paradip Ladies Wing distributed food and clothes to the boarders of Shri Loknath Shikshyashram near Paradipgarh. This program was successfully organized by the club's president, Mrs. Priyanka Mallick, vice president, Mrs. Rilishree Sethi, Secretary Mrs. Manisha Divyadarshini Sahu and treasurer, Mrs. Pushpanjali Manik, and all other members of the club cooperated fully. Many well-informed people of Paradip and its surrounding areas have appreciated the club's public welfare work. The club's president and editor have announced that many such high-quality programs will be organized in the future.



Two Arrested in Jewellery Robbery Cases After Firing

JAJPUR (Correspondent) : Jajpur Police have cracked two jewellery robbery cases in which firearms were used and arrested two persons in connection with the incidents. The arrested accused have been identified as Akash Pradhan (23) and Prakash Pradhan (19), both residents of Ravana village under Jakhapura police station. Police have recovered gold and silver ornaments and a country-made pistol from their possession. On July 14, at around 8 pm, Chandan Kumar Sahu, owner of Maa Tarini Jewellers at Mainda Chhak, was returning home after closing his shop. He was carrying around 8 kg of silver ornaments, 20 grams of gold, Rs 7,000 in cash and other articles. Three unidentified miscreants riding a black Bajaj Pulsar intercepted him on the Mainda-Ghantiali road and knocked him to the ground. When Chandan resisted, one of the miscreants opened fire. He narrowly escaped injury. The robbers then fled with a bag containing the jewellery, cash, ATM card and Aadhaar card.

Similarly, on the evening of August 10, Kalyani Sahu, owner of Maa Mangala Jewellers at Shivachhak under Jajpur Sadar police station, and her husband were returning home when three miscreants intercepted them on the Indaroi Pata road. The couple was carrying around 50 grams of gold, 5 kg of silver ornaments and Rs 50,000 in cash. When they resisted, the miscreants opened fire. Fortunately, no one was injured, and the robbers fled with the bag containing the jewellery and cash.

Flood Situation in Jajpur
10 Blocks Affected, Over 1.14 Lakh People Evacuated

J A J P U R (Correspondent): The flood situation in Jajpur district remains critical. According to information from the Special Relief Commissioner (SRC), more than 3.98 lakh people in 117 gram panchayats/urban areas and 345 villages across 10 blocks of the district have been affected by the floods. The situation is particularly sensitive in Dasarathpur and Bari blocks.

Floodwater is entering several villages through a breach on the southern embankment of the Kani River near Patana village under Tarapada panchayat and another breach in the Baitarani River near Naubanka under Jari panchayat. As a result,

around 97,555 people are currently marooned, while eight villages have been completely cut off. In addition, 68 roads and bridges remain submerged, severely disrupting communication.

So far, 1,14,695 people have been evacuated from flood-affected areas and accommodated in 311 shelter centres. More than 1.14 lakh people are being provided cooked food through 288 free kitchen centres. As relief materials, 100 quintals of flattened rice (chuda), 10 quintals of jaggery and 280 rolls of polythene have been distributed. To accelerate rescue and relief operations, three ODRAF teams, two NDRF teams, 12 Fire



Services teams and 14 motorboats have been deployed.

The floods have affected 18,642 hectares of agricultural land and more than 1.58 lakh livestock. Twelve mobile veterinary teams have been deployed to provide animal care,

and so far 680 animals have been treated.

A total of 2,674 tubewells and 18 health centres have also been affected by the floods. The administration has prioritised the supply of safe drinking water and healthcare through mobile medical teams.

The District Emergency Management Centre is monitoring the situation round the clock.

Jajpur Collector Ambar Kumar Kar visited flood-affected villages, including Dovabil and Kamalpur in Dasarathpur block, on Tuesday afternoon

and reviewed the situation. During the visit, he assessed the supply of relief materials, dry and cooked food, safe drinking water, cattle feed, polythene and healthcare services to the affected people. He also directed the concerned officials to ensure uninterrupted delivery of essential services.

District Emergency Officer Ashok Kumar Behera is overseeing the district control room.

With the safety of the public and uninterrupted supply of essential services being given the highest priority, the district administration continues to carry out rescue, evacuation, relief and healthcare operations across the flood-affected areas.

District-Level Consultation Meeting on Mental Health Held

SUBARNAPUR (Correspondent) ---A district-level Mental Health Consultation Meeting was held at the Tarbha Block Panchayat Samiti Conference Hall of Subarnapur District by RARE Sonpur with the help of Basic Need India Bangalore. As the chief guest, CDM & PHO Smt. Usharani Das discussed about making mental health services more accessible to the people. Program Coordinator Dhanurddhar Nayak welcomed and introduced the participants. RARE General Secretary Ananga Negi highlighted the aims and objectives of



the program while field worker Mitrabhanu Mallik presented the project's achievements and challenges through PPT. As the guest of honor, Psychiatrist Abinash Meher spoke on the importance of previous treatment information and the presence of caring

medical staff in the community during the treatment of mentally ill people. Block Social Security Officer Prabhass Kumar Karna spoke on government facilities for mentally ill people. Bhimabhoi Disabled Empowerment Camp District Mental Health Program Coordinator Anup

Ranjan Das, CDPO Women Visitors Santoshini Nag, OLM Manoj Kumar Bagh, Agriculture Officer Anita Sahu, Agriculture Department, Medical Officer of Tarbha Community Health Center Rashmi Ranjan Chouhan, Public Health Extension Officer Amita Chand, Block Program Manager of the Health Center Ashok Mishra, Program Coordinator of Sonpur MAMI, Health Officers of various Panchayats of Tarbha Block, Assistants, People recovering from mental illness and caregivers participated in the meeting. .

Aam Aadmi Party protest in front of Gopalpur NAC

Gopalpur(correspondent)A protest was held in front of the Gopalpur NAC office today under the leadership of Ganjam District Youth President Nilakantha Reddy against irregularities and corruption in NAC. They protested for a long time in front of the gate against harassment of the local public in all areas, irregularities in the tender process of parking tenders and Ahar center, ignoring local residents in various areas, ignoring public representatives, corruption and scams in various development works, and undermining the self-respect of the Gopalpur area. Many workers including District secretary Aditya Rath and Youth Vice President Shiva Reddy were present during the protest. Nilakantha Reddy said that they had earlier given complaints and views but no solution has been found till date. He said that due to the delay in the beach parking tender, revenue is being lost and he asked to award the tender to the appropriate tenderer without any political pressure. He said that the agitation will intensify in the coming days along with approaching the Chief Minister and the court regarding this.

Joint Rayagada-Koraput Panel Formed to Fast-Track Aditya Alumina Rehabilitation

Rayagada, (Correspondent): A joint sub-committee comprising the Collectors of Rayagada and Koraput districts has been constituted to expedite rehabilitation, resettlement and peripheral development issues arising from the proposed Aditya Alumina Refinery project at Kansariguda in KSHIPUR block. The decision was taken at the 5th meeting of the Rehabilitation and Peripheral Development Advisory Committee (RPDAC) held at the DRDA conference hall in Rayagada. The meeting was chaired by Southern Revenue

Commissioner Sangram Keshari Mohapatra. The formation of the inter-district sub-committee assumes significance as the project-affected population includes families from Bairiguda village in Koraput district, making coordinated intervention by the two district administrations essential for addressing rehabilitation-related issues. The meeting discussed a range of issues concerning project-affected and displaced families, including rehabilitation and resettlement, healthcare, education, transportation, livelihood

opportunities and economic self-reliance. The committee stressed the need to ensure that affected families receive appropriate rehabilitation support and that pending community-level issues are resolved expeditiously. In a major development, the company agreed to enhance its annual CSR allocation for peripheral development from around ?30-32 crore to ?50 crore. The increased allocation is expected to provide greater scope for development interventions in communities located around the project

area. The proposed joint sub-committee of the Rayagada and Koraput Collectors is expected to provide a dedicated mechanism for identifying and resolving local issues, coordinating between departments and the company, and speeding up necessary administrative approvals.

The meeting was attended by Koraput MP Saptagiri Sankar Ulaka, Rayagada MLA Kadraka Appala Swamy, Laxmipur MLA Pabitra Saunta, presidents of the Rayagada and Koraput district councils, Rayagada Collector Ashutosh Kulkarni, Koraput

Collector Manoj Kumar Mahajan, and Aditya Alumina Refinery Unit Head & President Mazhar Beig, among other officials and representatives.

The latest decisions place renewed focus on ensuring that the proposed industrial project translates into tangible and sustained benefits for the affected and peripheral communities. The effectiveness of the newly constituted sub-committee, particularly in resolving pending rehabilitation issues and ensuring transparent utilisation of the enhanced CSR allocation, is likely to remain a key area of public interest.

House Arrest Move Against Congress Leader Draws Flak in Nabarangpur

U M A R K O T, (Correspondent) A reported attempt by local authorities to place senior Congress leader and former District Congress Committee (DCC) president Manoranjan 'Muna' Tripathi under house arrest has triggered strong resentment among Congress workers, lawyers and civil society members in Nabarangpur. Tripathi, who is also a member of the Pradesh Congress Committee's Political Affairs Committee (PAC), has reportedly been served notice under preventive proceedings invoking Section 110 of the erstwhile CrPC and the corresponding

provisions of the Bharatiya Nagarik Suraksha Sanhita (BNSS). Objecting to the administrative action, a group of advocates on Tuesday moved the court and filed a time petition seeking an opportunity to contest the proceedings initiated against the Congress leader.

Congress members and civil society representatives alleged that preventive provisions were being used to restrict Tripathi's movement and suppress political activities. They questioned the justification for invoking provisions relating to habitual offenders and apprehension of

disturbance to public tranquillity against a senior political leader. Lawyers representing Tripathi contended that the action was unwarranted and legally questionable and urged the court to provide appropriate relief. The matter is expected to come up for further hearing, with the legal team preparing to challenge the preventive proceedings against the veteran Congress leader.

EAST COAST RAILWAY
(1) Tender Notice No.: MSM-ISOC-STATION-SBP-11-26
Name of work : CERTIFICATION SERVICES FOR IMPLEMENTATION OF ISO 14001:2015 FOR SAMBALPUR, BALANGIR, TITLAGARH, KESINGA, BARGARH, KANTABANJ AND MAHASAMUND STATIONS FOR A PERIOD OF THREE YEARS.
Approx cost of the Work : ₹ 5,13,755.49, Tender Documents Cost : ₹ 2,360.00, EMD : ₹ 10,300.00.
(2) Tender Notice No.: MSM-IMS-DEPOT-SBP-12-26
Name of work : CERTIFICATION SERVICES FOR IMPLEMENTATION OF INTEGRATED MANAGEMENT SYSTEM (ISO 9001:2015, ISO 14001:2015 AND ISO 45001 OR LATEST FOR COACHING DEPOT, SAMBALPUR AND ROH DEPOT, SALRA FOR A PERIOD OF THREE YEARS.
Approx cost of the work : ₹ 7,85,256.96, Tender Documents Cost : ₹ 2,360.00, EMD : ₹ 15,700.00.
Period of Completion : 36 months (for both tenders).
Date & time of tender closing : At 1500 hrs. on 03.09.2026 (for both tenders).
No manual offers sent by Post/ Courier/ Fax or in person shall be accepted against such e-tenders even if these are submitted on firm's letter head and received in time. All such manual offers shall be considered invalid and shall be rejected summarily without any consideration.
Complete information including e-tender documents of the above e-tender is available in website www.ireps.gov.in.
Assistant Divisional Mechanical PR-373/26-27 Engineer (EnH/M), Sambalpur

Nilamadhab Temple Office Building Remains Incomplete After 11 Years

N a y a g a r h, (Correspondent):. August 18: Despite the passage of more than 11 years, the construction of the office building of the historic Sri Nilamadhab Temple at Kantilo in Nayagarh district remains incomplete, drawing strong resentment among local residents. Kantilo, regarded as one of Odisha's prominent

tourist destinations and an ancient seat of Jagannath culture, has witnessed several developmental projects remaining unfinished for years. Residents have alleged that the State Government, Tourism Department, Endowment Department, district administration and local representatives have not given adequate attention



to the overall development of the area. According to available information, the State Government

had sanctioned Rs 42.67 lakh for construction of the temple office building, following which the construction work was initiated. However, the project has reportedly remained incomplete for over a decade, with administrative delay and alleged official apathy being cited as major reasons. Local residents expressed disappo

intment that despite visits to the Nilamadhab shrine by district-level officials, senior officers of various government departments, ministers and elected representatives at different times, no effective steps have apparently been taken to complete the unfinished office building standing beside the temple.

The prolonged delay

has also raised questions over when the construction work will finally be completed. Residents and intellectuals of Khandapada and Kantilo have urged the K h a n d a p a d a Tahasildar-cum-Executive Officer of the E n d o w m e n t Department, senior officials of the State Tourism Department, the

Nayagarh Collector, the Khandapada MLA and the Cuttack Lok Sabha MP to intervene and ensure that the long-pending construction work is completed at the earliest. They said that completing the office building would not only address a long-standing issue but also contribute to better management and development of the important religious and tourist destination.

Kangana Ranaut visits Siddhivinayak, Mumba Devi temple in Mumbai



Actor and Member of Parliament Kangana Ranaut on Tuesday visited Mumbai's revered Shree Siddhivinayak Temple and Mumba Devi Temple. Kangana shared moments from her spiritual outing on social media, posting pictures and updates from the temple. For the temple outing, Kangana opted for a traditional look. She wore a vibrant red-orange-toned silk saree, styled with a matching pallu covering her head. Traditional gajra was arranged around her bun, while classic jhumkas completed the ethnic ensemble. The spiritual visit comes as Kangana continues to balance her public life with her acting career. On the film front, she was seen in the political drama 'Emergency' (2025) and 'Bharat Bhagya Viddhaata', a film that recounts the 2008 Mumbai attacks. Kangana has also recently wrapped 'Queen 2', returning as Rani, the character she originally portrayed in the 2014 film 'Queen'. Directed by Vikas Bahl, the first film followed Rani Mehra, a sheltered young woman from Delhi whose fiancé calls off their wedding, prompting her to embark on her honeymoon alone. As Rani travels through Europe, she gains confidence, embraces independence and rediscovers herself. The film featured Rajkumar Rao, Lisa Haydon, Mish Boyko and Jeffrey Ho, and was produced by Anurag Kashyap, Vikramaditya Motwane and Madhu Mantena, with music composed by Amit Trivedi.

Alia shares adorable pictures with husband Ranbir, daughter Raha

Actor Alia Bhatt on Monday treated her Instagram family to adorable pictures with her husband, Ranbir Kapoor, and their daughter, Raha, from one of their vacations. In one of the pictures, Alia, Raha, and Ranbir can be seen enjoying the scenic view of azure-blue waters from a yacht. In another, Alia is seen sleeping next to Raha, who adorably holds on to her mother's ear. "good old days, cuddles and all (sunshine)," she captioned the post. Meanwhile, on the work front, Alia will be seen sharing screen space with Sohum Shah in 'Tumbbad 2'. The announcement has generated significant buzz among fans of the acclaimed film, with Bhatt joining Shah in what is being described as a key role in the sequel rather than a brief appearance. The confirmation comes shortly after the makers announced that 'Tumbbad 2' is scheduled to release on December 3, 2027. In the coming months, she will also be seen with Ranbir and Vicky Kaushal in Sanjay Leela Bhansali's 'Love And War'. Officially announced in January 2024, the romantic drama is slated for a theatrical release on January 21, 2027, in Hindi, Tamil and Telugu. The project marks Kaushal's first collaboration with Bhansali and is being billed as the filmmaker's most ambitious romantic drama to date.



Whole wheat Christmas cake



Ingredients

- For fruit mix (soak min 2 hours)
- 1 cup dried mixed fruits (raisins, almonds, apricots, tutti-frutti)
 - ½ cup orange juice
 - ¼ cup hot water
 - 1 tbsp honey
 - ½ tsp cinnamon
 - ½ tsp nutmeg
 - 1 clove powdered or a pinch of allspice
 - Zest of 1 orange (optional but amazing)

Dry ingredients

- 1.5 cups whole wheat flour (atta)
- 1 tsp baking powder
- ½ tsp baking soda
- 1 tsp cinnamon
- ½ tsp nutmeg
- 2–3 cloves powdered
- Pinch of salt

Wet ingredients (with eggs)

- 2 large eggs (room temperature)
- ½ cup oil (neutral oil)
- ¾ cup brown sugar or jaggery powder
- ¼ cup milk (room temperature)
- 1 tsp vanilla extract

Method:

Add all chopped dried fruits into a bowl. Pour orange juice + hot water. Add honey + spices + orange zest. Mix well, cover and soak for at least 2 hours. Sift together Whole wheat flour, baking powder, baking soda, cinnamon, nutmeg, clove powder and salt. In a big bowl, beat the eggs for 1 minute until slightly frothy. Add brown sugar and whisk until combined. Add oil and whisk again & add vanilla. Add the dry ingredients to the wet mixture in 2–3 batches. Mix gently — don't overmix (whole wheat can toughen). Add the soaked fruits along with all the leftover soaking liquid. Fold in nuts if using. Preheat oven to 165–170°C. Line your cake tin with parchment paper. Bake for 45–55 minutes or until a toothpick comes out clean from the centre.

7 dinner foods can cause a sudden spike in blood sugar levels



dressings, and restaurant-style gravies can quietly elevate blood sugar, even when the meal appears balanced.

4. White bread and bakery items
White bread, pav, buns, refined-flour rotis, and baked snacks are readily absorbed and lack fibre and protein. "This leads to rapid glucose absorption and sudden insulin surges,

especially problematic during dinner hours," according to Dr Ashok.

Managing blood sugar levels is not only about what you eat, but also about when you eat. Dinner plays a crucial role in overnight glucose control, yet it is often the meal where people unknowingly make the biggest mistakes. Heavy, refined, or sugary foods consumed late in the evening can cause sudden insulin spikes, making it harder for the body to regulate blood sugar while you sleep. This becomes especially concerning for people with diabetes, prediabetes, or insulin resistance.

7 dinner foods that cause immediate blood sugar spikes

1. White rice and refined grains
White rice, refined flour chapatis, naan, and pasta have a high glycemic index. They are rapidly metabolised into glucose, causing sudden spikes in blood glucose. At night, when energy demand is low, this excess glucose places additional stress on insulin secretion and action.
2. Potatoes and fried snacks
"Fried or mashed potatoes trigger rapid glucose release. Common dinner items like fries, aloo curries, or packaged fried snacks worsen insulin spikes due to refined starch and unhealthy fats," Dr Ashok tells Health Shots. Regular consumption may also increase insulin resistance over time.
3. Sugary sauces and gravies
Many Indian and continental dishes contain hidden sugars in sauces, marinades, and gravies. Tomato ketchup, sweet chilli sauce, honey-based

5. Desserts and sweetened beverages
Ending a meal with desserts, mithai, or sweetened beverages places a heavy glycemic load on the body before rest. Late-night sugar intake disrupts overnight glucose stability and may lead to elevated fasting glucose levels the next morning. Even artificial sweeteners may impact glucose response in some individuals, notes the American Diabetes Association.
6. Canned foods
Canned foods often contain excess sodium and preservatives. Many cans are lined with bisphenol A (BPA), a chemical that has been linked to endocrine disruption. According to Dr Ashok, BPA exposure may negatively affect insulin sensitivity and increase cardiovascular risk in people with diabetes.
7. Sugary cereals
Many cereals marketed as healthy are highly processed and rich in refined grains and added sugar. While often eaten at breakfast, consuming them at night can sharply raise blood sugar and increase the risk of diabetes-related complications. A better alternative is soaked oats or whole-grain porridge.



Hockey World Cup: High-Stakes India-Pak Rivalry Takes Centre Stage In Crucial Pool D Game

Amstelveen: Few contests in world hockey carry the weight, history and emotion of an India-Pakistan encounter; and when the two arch-rivals meet at the FIH Hockey World Cup 2026 on Wednesday, the stakes could hardly be higher. The pressure-cooker game at the Wagener Hockey Stadium will decide who stays in the race to the semifinals as India and Pakistan renew one of hockey's most storied rivalries in a Pool D clash, knowing that there is little room for error. The equation is clear for both sides. India currently occupy second place in Pool D with three points, having opened their campaign with a 3-1 victory over Wales before suffering a 2-4 defeat to England. Pakistan, meanwhile, have one point from their

two matches after drawing against Wales and going down 1-4 to England. According to the format, the top two teams from each of the four pools in the first stage will remain in contention for the semi-finals, while the bottom two teams will move into the classification matches. With England having won both their matches and assured themselves of a top-two finish in this pool, the battle for the other spot has come down to the last two matches: India vs Pakistan and England vs Wales. India need at least a draw to secure second place in the pool, while Pakistan and Wales must win to keep their campaign alive. That makes this game much more than another chapter in an iconic rivalry — it is a decisive contest with the tournament ambitions of



both teams at stake. India enter the match with a dominant recent record against their neighbours. In the last 10 years, since the 2016 South Asian Games final, the two sides have met 19 times, with India winning 17 encounters and the remaining two

ending in draws. Pakistan have therefore not beaten India in a decade, a statistic that underlines how heavily the balance of power has shifted in recent years. For two nations that once stood at the summit of international hockey together, the contrasting fortunes

have been stark. India has steadily strengthened their presence among the world's leading teams, while Pakistan hockey has struggled to reproduce the consistency and success associated with its glorious past. The prolonged Indian

dominance has consequently loaded the stakes in India's favour. Yet, in a rivalry as deeply rooted as this one, history can rarely be taken for granted. "We always have the rivalry; that's never off the table. As a proud coach of the Indian team, you want to win every time you play against Pakistan. That's a given," said India's chief coach, Craig Fulton. "At the same time, they are doing a little bit more investment in their coaching and trying to improve the long-term plan for Pakistan. But we've just got to keep playing our style, making sure we are clinical and not giving them any gifts because they can create goals from nothing," he added. As long as we know what they are good at and we stop

them from doing that, and we play the game and not the occasion, we've got a good chance." India will also look towards their captain and premier drag-flicker Harmanpreet Singh to make the difference once again. The influential defender has already scored three goals in two matches, all coming from penalty corners, and has been central to India's attacking threat. While the Indian forwards have shown promise with their movement and ability to create opportunities, they will be keen to sharpen their finishing in a match where every chance could prove decisive. Pakistan, meanwhile, will be driven by the urgency of their situation. With just one point from two matches, they know

that only a victory can keep their semi-final hopes alive. That desperation could make them a dangerous opponent, particularly in a contest where emotions and intensity are certain to run high. For India, the challenge will be to balance the emotion of the occasion with the discipline required to execute under pressure. For Pakistan, it is an opportunity to defy the recent narrative and revive their campaign against their biggest rivals. With World Cup ambitions in the balance and the enduring pride of two countries with glorious hockey histories at the heart of it all, this India-Pakistan clash promises to be one of the most fiercely contested encounters of the tournament so far.

Hockey World Cup: Unbeaten India Storm Past South Africa 6-1 To Register First Win Of 2026 Edition

Amstelveen (the Netherlands): The Indian women's hockey team strengthened their position at the top of Pool D at the FIH Hockey World Cup Belgium & Netherlands 2026 with a commanding 6-1 victory over South Africa at the Wagener Hockey Stadium in Amstelveen on Tuesday. The emphatic win keeps India unbeaten in the tournament, having earlier drawn 2-2 against 2024 Olympic silver medallists China, taking their tally to four points from two matches, with India currently leading the pool on goal difference. India, who have played out a 2-2 draw against 2024 Olympic silver medallists China in their opening match, came into the contest determined to secure all

three points. They made their attacking intent clear from the opening minutes, combining quick passing with incisive runs into the circle. South Africa created the first major opening of the match when Kayla de Waal found herself through on goal in the fourth minute, but Bichu Devi Kharibam stood tall to make an important save and keep India level. India responded immediately, with Salima Tete driving forward on the right before finding Sunelita Toppo, whose effort was saved by South African goalkeeper Marlise van Tonder. India continued to build pressure and earned their first penalty corner in the seventh minute after Baljeet Kaur's work down the left flank resulted in a foot inside the circle. Deepika stepped up to

take the set piece, but van Tonder produced a full-length save to deny the Indian drag-flick. The sustained pressure eventually paid off in the 11th minute. India worked the ball patiently around the South African circle before an attempt from Sakshi Rana found its way towards the far post, where Sunelita Toppo was alert to finish and give India the lead. India were briefly reduced to 10 players after Ishika Chaudhary received a green card in the 15th minute, but India maintained their composure and continued to dictate the tempo. At the start of the second quarter, Savita took over in goal for India, and the team continued to push forward. India doubled their advantage in the 17th minute through a well-executed penalty corner routine.

Badminton WC: Treesa-Gayatri Stun 16th Seeds To Reach Pre-Quarters; Lakshya, Unnati Advance

New Delhi: India's top women's doubles combination of Gayatri Gopichand and Treesa Jolly upset 16th seeds Allison Lee and Lauren Lam with yet another solid performance on the second day of the BWF World Badminton Championships 2026 at the Indira Gandhi Stadium here on Tuesday. In singles, 2021 bronze medallist Lakshya Sen and debutant Unnati Hooda sealed their designated spots in the second round with contrasting wins over their respective opponents. Commonwealth Games medallists Gayatri and Treesa, currently ranked 39th in the world, packed off Lam and Lee 21-15, 21-12 in 39 minutes to advance to the pre-quarterfinals. The Indian combination was brilliant overall, with Gayatri controlling the net



with aplomb and Treesa mixing her soft drops with those booming smashes to keep the Americans on their toes. After the initial exchanges, the home favourites opened up a 6-2 lead by bagging four straight points and then maintained the advantage to wrap up the first game. Playing from the better side in the second game, Treesa and Gayatri clinched seven straight

points from 5-4 to take a 12-4 lead, and though the Americans did show some moments of brilliance, they could never really make a comeback in the match. In the women's singles opening round, Unnati initially struggled to adjust to the conditions and trailed Myanmar's Thet Htar Thuzar 13-16 in the opening game before coming back strong to win 22-20, 21-16 to

set up a second round clash against 13th seed Michelle Li of Canada. Li also needed extra points in the opening game before beating Chinese Taipei's Chiu Pin-Chian 22-20, 21-12. Later in the day, 14th seed Sen took time to find his stride as Austria's Collins Filimon used his height and dominated the opening game. But Lakshya dominated the second and third games to win 16-21, 21-8, 21-4 to advance to the next round. Playing from the difficult side in the opening game, Sen was tentative with his lifts, and world number 128 Filimon used his big smashes to take the first game. But once Sen settled down in the second game, he clinched 11 straight points from 10-8 to draw level. Sen then gave the Romania-born Filimon a lesson in controlled aggression as he

changed side at 11-1 and then wrapped up the match without much ado. "I was a bit tentative in the first game because I was playing from the difficult side and was struggling to get used to the conditions. But in the second game, I knew that I would be playing from the better side, and once I found the range of my shots it was quite easy," said Sen, who will now face Garret Tan of the USA in the second round. Among the other top players, fifth seed Christo Popov of France was knocked out by Japan's Kenta Nishimoto 21-17, 21-19 in men's singles while former champion Nozomi Okuhara came from a game down to beat Ozge Bayrak of Turkey 18-21, 21-16, 21-9 and fourth seed Chen Yufei of China overcame a tentative start to beat Hong Kong's Lo Sin Yan Happy 18-21, 21-8, 21-11.

Badminton WC: Lakshya Overtakes Slow Start To Storm Past Austria's Collins Filimon In Opener

New Delhi: India's top men's singles player Lakshya Sen recovered from an early setback to launch his BWF World Championships 2026 campaign with a 16-21, 21-8, 21-4 victory over Austria's Collins Filimon in the men's singles Round of 64 at the Indira Gandhi Indoor Stadium on Tuesday. The Indian, seeded 14th, who needed 45 minutes to complete the comeback, found another gear after dropping the opening game and thereafter barely allowed his opponent into the contest. The opening game was the closest of the three, with neither player able to establish a meaningful cushion in the early

exchanges. Lakshya Sen, a former World Championship bronze medallist, and Filimon traded points through the first half, with the Austrian taking a narrow 11-10 advantage at the interval. Sen appeared to struggle for rhythm as the game progressed, with a series of missed shots preventing him from capitalising on the tight contest. Filimon moved ahead at the crucial stage and earned game point at 20-16 before converting his opportunity to take the opener 21-16 in 15 minutes. The match, however, changed dramatically once the second game began. Filimon initially



stayed with Sen and levelled the score at 6-6, but the Indian quickly began to assert himself. A burst of four consecutive points gave Sen control, and from there the rallies increasingly went his way. The Indian stepped up the pressure and steadily stretched his advantage. Filimon was unable to reproduce the consistency he had shown in the opener,

while Sen found greater freedom in his shot-making. He moved to game point at 20-8 and closed out the second game 21-8 after 16 minutes, forcing a decider. There was little resemblance between the deciding game and the opening one. Sen came out aggressively and immediately put distance between himself and the Austrian. By the interval, he had raced

to an 11-1 lead, leaving Filimon with a steep climb back into the contest. The Austrian struggled to find answers as Sen continued to dictate the pace. The Indian soon moved within a point of victory at 20-4 before completing the turnaround on the next rally. The 21-4 scoreline sealed the decider in just 14 minutes and completed Sen's 45-minute victory. After being tested for much of the opening game, Sen produced a dominant response across the final two, conceding just 12 points in total. The comeback takes him into the next round of the men's singles draw at the World Championships in New Delhi. In other matches,

Unnati defeated Thet Htar Thuzar of Myanmar in straight games, winning 22-20, 21-16 in 40 minutes in their first-round match played at Court 1 on Tuesday. Rohan Kapur and Rutvika Shivani Gadde went down to Jonathan Bing Tsan Lai and Crystal Lai of Canada in mixed doubles, while Ashith Surya and Amrutha Pramuthesh also lost in three games to Turkey's Emre Sonmez and Yasemen Bektas, losing 21-16, 29-30, 22-24 in a hard-fought thriller. India's top women's doubles pair Treesa Jolly and Gayatri Gopichand won their first-round match in straight games, winning 21-15, 21-12

1st Test: Suthar, Prasidh Star With Ball As India Sense Victory In Galle

Galle (Sri Lanka): Bowlers put up a highly disciplined performance to keep India in command in the first Test against Sri Lanka at the Galle International Stadium in Galle on Tuesday. Manav Suthar struck twice, while Prasidh Krishna and Mohammed Siraj took one wicket apiece as the visitors kept their stranglehold on the Galle Test by sending Sri Lanka reeling to 84/4 at the end of Day 4, needing 288 runs more for an improbable win. The Indian bowlers began the defence of 371 after the batters had put 193 in the first innings. Mohammed Siraj and Manav Suthar started things for the visitors with the ball, and both struck in the seventh and eighth over before Prasidh Krishna joined the party as well with a brilliant spell, during which he picked up a wicket. Sri Lanka were reeling at 21/3 after losing Nishan Madushka (6 off 27 balls), Pasindu Sooriyabandara (0 off 1) and Kamindu Mendis (2 off 12) before a mini-stand of 26 runs for the fourth wicket between Lahiru Udara (16 off 58 balls) and Dhananjaya de Silva. Suthar returned and scalped another wicket — that of Udara before captain Dhananjaya de Silva (31* off 73 balls) and Sonal Dinusha (25* off 36) fought their way to stumps with an unbeaten stand of 37 for the fifth wicket. The innings began with Siraj and Suthar testing the Sri Lankan openers Madushka and Udara. Siraj gave India the first breakthrough in the seventh over when he bounced off Madushka, caught at deep fine leg, before Suthar removed the concussion substitute and debutant Pasindu Sooriyabandara, who came in as a substitute for the injured Dinesh Chandimal after the latter suffered a neck and shoulder injury.

BFC Kuchinda Clinches O.P. Jindal Memorial Football Tournament 2026 in Anugola

Anugola, (correspondent): BFC Kuchinda emerged champions of the O.P. Jindal Memorial Football Tournament 2026, defeating Bargarh United 7-6 in a thrilling final at Kadam Padia, Anugola, on Tuesday. The closely contested match drew a large gathering of football enthusiasts who came to witness the grand finale and celebrate the spirit of sportsmanship. Organised by Jindal Foundation, in loving memory of its founder Chairman, Shri O.P. Jindal, the tournament celebrated the values of teamwork, unity and excellence, while providing a platform for emerging football talent of Odisha. The final was



attended by Shri Rudra Narayan Pani, Hon'ble Member of Parliament, Dhenkanal, as the Chief Guest, including Shri Pratap Pradhan, MLA, Anugola; Shri Akshaya Kumar Samant, municipality chairman, Anugola; Shri Akshaya Setha, DSO Anugola; Shri Pradipta Behera, Senior Superintendent, Anugola Jail; Shri Hridayeswar Jha,

Executive Director (Special Projects), Jindal Steel; Shri Rishi Pathania, Head CSR, Jindal foundation and other dignitaries. The dignitaries applauded the participating teams and appreciated Jindal Foundation's efforts to promote sports and nurture local sporting talent. Bargarh United put up a strong challenge and fought hard until the

final whistle, while BFC Kuchinda displayed determination, discipline and composure to finally lift the coveted trophy. Persons who were awarded in the final match for their outstanding performance were: Man of the Finals- Samir Pradhan (BFC KUCHINDA), Best Goalkeeper (Alok Ekka Bargarh United), Player of the Tournament -

Chinni Kissan (BFC KUCHINDA), etc. During the tournament, a dedicated players' pavilion constructed by Jindal Foundation was inaugurated at Kadam Padia, and the local district sports authorities collaborated with the Foundation to make the event successful. The O.P. Jindal Memorial Football Tournament reflects Jindal Foundation's continued commitment in promoting sports, nurturing emerging talent and creating opportunities for youngsters. It carries forward the enduring vision of Shri O.P. Jindal towards community development, empowerment and inclusive growth.



Tata Steel has won the "Masters of Risk - Metals & Mining" category at the CNBC TV18 India Risk Management Awards Season 12

India Likely To Reach 62 Pc 5G Adoption By 2030

New Delhi: India is projected to reach 62 per cent 5G adoption by 2030, significantly ahead of the Asia Pacific average of 50 per cent, a report said on Tuesday. The report from GSMA said India is identified as one of the region's 'Leading Nations', alongside Bangladesh, Indonesia and Pakistan, where regulatory modernisation is important to accelerating digital-economy growth and supporting mobile-industry sustainability.

DR. BANAMBAR RAY PRESENTED 'HONOURING OUR GURU' AWARD FOR LIFELONG CONTRIBUTION TO CRITICAL CARE MEDICINE

Bhubaneswar, (correspondent):: Dr. Banambar Ray, distinguished Critical Care Medicine specialist, has been honoured with the prestigious 'Honouring Our Guru' award for his lifelong contribution to the field of Critical Care Medicine spanning 50 years. The award was presented to Dr. Ray, presently working as Senior Consultant, Critical Care Medicine at SUM Ultimate Medicare here, at the 3rd International Critical Care Nephrology Association (CCNA) Conference held at Pune on August 8 in recognition of his remarkable dedication and commitment towards critical care



over five decades. Expressing his gratitude, Dr. Ray said he felt deeply honoured to receive the recognition from an organisation with which he had no direct association. He said the award was particularly humbling as it acknowledged his lifelong dedication to saving lives and caring for sick patients in

Intensive Care Units. He dedicated the honour to the countless doctors, nurses, paramedics and healthcare organisations who supported and encouraged him throughout his five decade long service. "In this award, I see countless doctors, nurses, paramedics and healthcare delivery organisations who stood by me and

encouraged me to pursue my goal of caring for patients," he said. Dr. Ray also acknowledged the significant support he received from SUM Ultimate Medicare and Siksha 'O' Anusandhan Deemed to be University (SOA) saying the continued encouragement and institutional support had enabled him to pursue his mission of providing the best possible care to critically ill patients. "SUM Ultimate Medicare and SOA Deemed to be University have given me all the support I needed to give my best to this mission. Therefore, I see their imprint in this award as well," he added.

Teacher Delegation from Bhutan Praises KIIT and KISS for Education-Led Social Empowerment

Bhubaneswar, (correspondent):: A delegation of teachers from Bhutan, who are on a seven-day visit to KIIT and KISS as part of the Cambridge Education Academic Immersion Programme, paid a courtesy visit to KIIT and KISS Founder Dr Achyuta Samanta today. The delegation from the Department of School Education under Bhutan's Ministry of Education and Skills Development is currently staying at KIIT as part of the 'India Trek' programme. During the interaction, the delegation members praised Dr Samanta's contribution to the field of education. Sharing their impressions, the delegation members said that while many people across the world invest in different fields, individuals who dedicate their entire lives to education are extremely



rare. They described Dr Samanta as one such rare personality. They particularly appreciated his dedication and commitment to working for children from tribal and disadvantaged communities. The delegates said they had read and heard about KIIT and KISS earlier, but it was only after visiting the campus and witnessing the talent, discipline, active participation of students and advanced educational facilities that they were able to experience the reality for themselves. They described KISS as

more than just an educational institution, calling it a social movement that has transformed the lives of thousands of tribal children. According to them, KISS has emerged as a ray of hope for tribal students. They observed that students at KISS hold Dr. Samanta in deep respect and consider his contribution to be life-changing. The delegation also remarked that the people of Odisha must consider themselves fortunate to have an institution like KISS and an educationist like Dr. Samanta.

14-YEAR OLD SCHOOL STUDENT'S BOOK ON PROCRASTINATION UNVEILED BY SOA FOUNDER PRESIDENT

Bhubaneswar, (correspondent):: 'Life: A Series of Procrastination', a book authored by a 14-year-old school student, Shreyashi Pattanaik, offering a thoughtful and relatable perspective on the habit of postponing tasks, decisions and dreams, was unveiled by Prof. (Dr.) Manojranjan Nayak, Founder President of Siksha 'O' Anusandhan (SOA) on the Independence Day. Written in a simple and reflective style, the book explores the reasons behind procrastination and looks beyond the common perception that it is rooted on



merely laziness. Through personal experiences and reflections, the author, a Class Nine student of D.A.V. School, Pokhariput, touches upon fear, uncertainty, perfectionism and the tendency to postpone dreams for 'some other day'. The book contains a simple message for

students and young dreamers explaining that life need not be perfect to make a beginning and that taking the first step is often the most important one. A keen reader, Shreyashi also enjoys painting and dancing and has a special interest in exploring stories in everyday life. Her

curiosity and observation of the world around her inspired her to express her thoughts through writing. Prof. Nayak congratulated the young author and wished her success in her future endeavours. Shreyashi is the daughter of Dr. Sovan Pattanaik, Associate Professor at School of Pharmaceutical Sciences, SOA Deemed to be University, and Dr. Jasmin Panda, Head, Pharmacy, IMS and SUM Hospitals. Such achievement at a tender age highlights Shreyashi's creativity, imagination and ability to express herself through her writing.

Tata Power and IIT Bombay collaborate to accelerate innovation in clean energy and advanced power technologies

Mumbai, : Tata Power, one of India's largest integrated power companies, and the Indian Institute of Technology Bombay (IIT Bombay), one of the country's premier institutions for science, engineering and technology research, signed a Master Research Agreement (MRA) marking the beginning of a long-term strategic partnership for accelerating scaling up and commercialization of lab scale innovations in next generation energy technologies and advanced clean energy solutions.

The agreement was signed at the IIT Bombay campus by Dr. Praveer Sinha, Chief Executive Officer & Managing Director, Tata Power, and Prof. Shrikrishna V. Kulkarni, Dean (Research & Development), IIT Bombay, in the presence of Prof. Shireesh Kedare, Director, IIT Bombay.

This collaboration brings together IIT Bombay's research excellence and Tata



Power's industry expertise to jointly develop impactful solutions across areas such as smart grids, power electronics, energy storage, electric mobility, cybersecurity, AI for power systems, the digital grid technologies, carbon capture, and circular economy. The partnership aims to accelerate the translation of cutting-edge research into scalable, industry-ready technologies that contribute to India's clean energy transition, energy security, and sustainable development.

Dr. Praveer Sinha, Chief Executive Officer & Managing Director, Tata Power, said "We are proud to partner with IIT Bombay to harness innovation and technology for the next

generation of India's power sector. By combining IIT Bombay's cutting-edge research with Tata Power's experience in deploying solutions at scale, we aim to accelerate the development of future-ready energy technologies. This partnership will contribute to a more resilient, secure, intelligent, and sustainable power ecosystem for India." Prof. Shireesh Kedare, Director, IIT Bombay, said: "India's energy transition requires not only advances in scientific research, but also the ability to translate those advances into reliable, scalable, and relevant technologies. This collaboration with Tata Power aligns strongly

with IIT Bombay's mission to translate advanced laboratory research into deployable industry solutions. By combining IIT Bombay's research and innovation capabilities with Tata Power's industry experience and large-scale deployment expertise, we aim to accelerate the development of indigenous technologies that can strengthen India's energy security, accelerate decarbonization and contribute to a future-ready resilient power grid." The collaboration reflects the Government of India's emphasis on industry-academia partnerships to accelerate research, innovation and commercialization of technologies critical to the country's energy transition.